



Transitioning to School

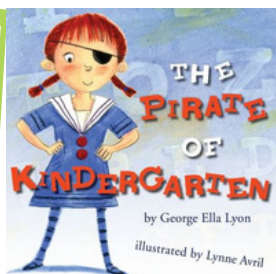
August 2026



All books are available at local libraries. Click on each book cover for read-aloud links!



Batter Up for the First Day of School
Bethany Hedgus



The Pirate of Kindergarten
Ella Lyon George



Family Activity: Back to School Morning Routine

Establishing simple habits can make those first days feel less rushed and more exciting. To help ease the transition, here's a simple step-by-step routine families can start practicing together before school begins.

- **Wake Up at the Same Time:** Set a consistent wake-up time (e.g., 7:00 AM). Adjust gradually in the weeks leading up to school.
- **Bathroom & Get Dressed:** Use the toilet, brush teeth, wash face. Get dressed in clothes picked out the night before.
- **Eat a Healthy Breakfast:** Eat a simple, balanced meal like cereal and fruit, eggs and toast, or oatmeal and yogurt.
- **Pack Backpack & Lunch:** Check that lunch, water bottle, school supplies, and homework are packed and ready.
- **Calm Time or Talk About the Day:** Spend a few minutes reading, stretching, or talking about what the day might look like.
- **Practice Departure:** Wait for the Bus or Get in the Car Go outside at the regular time to practice waiting for the bus or getting into the car. Use this time to teach safe habits (waiting away from the curb, buckling seat belts, etc.).

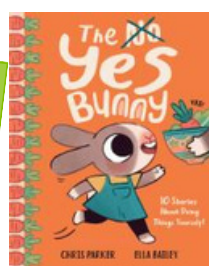
Inspired by Smooth Start's, "Preparing for the First Day of School"



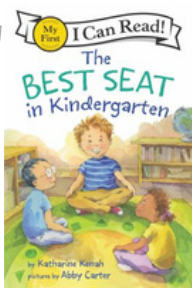
When you go to Dragon School
Chelsea M. Campbell



Sally's Big Day
Andrew Larson



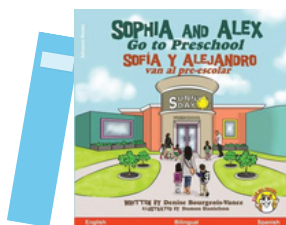
The Yes Bunny
Chris Parker



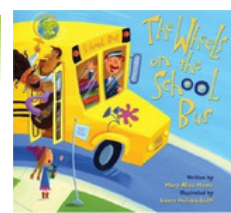
The Best Seat in Kindergarten
Kathrine Kenah

Reading Tip: Make Story Connections!

Pause during the story and ask, "Has something like this ever happened to you?" Connecting books to real-life experiences helps build comprehension and conversation skills.



Sophia and Alex Go to Preschool
Denise Bourgeois-Vance



The Wheels on the Bus
Mary-Alice Moore

An early learning collaboration by:



Scan the QR code to print!

