Los Angeles Public Library's

JOB-HUNTING GUIDE (Part 1):

Coping With Unemployment, Financial & Health-Care Issues

In Person & Telephone Resources

Many public and private agencies, services, organizations and schools in the Los Angeles area can assist you while you are out of work, including:

California Employment Development Department

For unemployment insurance benefits information:
P.O. Box 826880 - UIPCD, MIC 40
Sacramento, CA 94280-0001
(800) 300-5616 English
(800) 326-8937 Español
www.edd.ca.gov

211 LA County Referral Service

24-hour information and referrals
Dial 211 or (800) 339-6993

Los Angeles Community Development Department (CDD)

Services for low- and moderate-income families and individuals needing help with managing money, finding employment, etc.

1200 West 7th Street, 6th Floor
Los Angeles, CA 90017
213-744-7300

Economic Development	213-744-7111
Human Resources	213-744-9300
Human Services and Family Development	213-744-9700
Workforce Development	213-744-7333

CalWorks and Los Angeles County Department of Public Social Services

Provide temporary financial assistance and employment services to families with minor children who meet minimum income requirements.
http://www.dss.cahwnet.gov/CDSSWEB/PG85.htm
or
http://www.ladpss.org/dpss/calworks/default.cfm

For office locations call 211 or (800) 339-6993 or visit:
http://www.ladpss.org/dpss/maps/calworks_map.cfm

Los Angeles/Ventura Counties Social Service Rainbow Resource Directory

Organizations and services providing financial help, counseling, housing and more.
(361.979403 G5585) *LAPL Call Number*

Internet Resources

California Employment Development Department

http://www.edd.ca.gov/default.htm
Assistance for those who lost a job through no fault of their own, including links for: unemployment insurance information (appeals, filing a claim, claim process, fraud prevention, FAQ's, etc.); how to file disability insurance claim; find a job; payroll tax information, etc.

Link to filing unemployment claims:
http://www.servicelocator.org/OWSLinks.asp

About.com: Job Searching: Surviving Layoff

http://jobsearch.about.com/od/unemployment/a/downsized.htm
Steps to take once you are downsized.

About.com: Job Searching: Unemployment Offices, Benefits, and Rates

http://jobsearch.about.com/od/unemployment/a/unemployment.htm
Information about unemployment insurance, including eligibility, benefits, and how to apply.

Continuation of Health Coverage

COBRA: Consolidated Omnibus Budget Reconciliation Act
http://www.dol.gov/dol/topic/health-plans/cobra.htm
Explains benefits and coverage, with answers to frequently asked questions.

HealthyCity.org

http://www.healthycity.org
Social Services for Los Angeles County, covering shelters, schools, neighborhood resources, employment resources and services, health, and assistance.

Newspaper Resources

Los Angeles Times

Occasional series on "Surviving Recession" is available from the L.A. Times in print, on microfilm, on the website (links provided below) and from their database [available online at the Los Angeles Public

Library website with a library card. Articles that have appeared as of March 2009 include:

- A Consumer's Guide to Mortgage Modifications [Sunday, March 22, 2009] http://www.latimes.com/business/la-fi-cover22-2009mar22,0,7096135.story
- Where to Find Free Mortgage Help [Sunday, March 22, 2009] http://www.latimes.com/business/la-fi-coverhelp22-2009mar22,0,5085366.story
- Types of Loan Modifications [Sunday, March 22, 2009] http://www.latimes.com/business/la-fi-coverbox22-2009mar22,0,7867745.story
- Unemployment Insurance: A Guide [Sunday, February 22, 2009] http://www.latimes.com/classified/jobs/career/la-fi-cover22-2009feb22,0,5709735.story
- Preparing to File for Unemployment Benefits: What You Need [Sunday, February 22, 2009] http://www.latimes.com/classified/jobs/career/la-fi-coverprepare22-2009feb22,0,1121166.story
- Unemployment Benefits Eligibility [Sunday, February 22, 2009] http://www.latimes.com/classified/jobs/career/la-fi-coverelegible22-2009feb22,0,4911891.story
- Foreclosures [Sunday, February 15, 2009] http://www.latimes.com/business/investing/la-fi-coverintro15-2009feb15,0,4817636.story
- Free loan aid [Sunday, February 15, 2009] http://www.latimes.com/business/investing/la-fi-coverfree15-2009feb15,0,6746883.story
- Common loan modification programs offered by banks [Sunday, February 15, 2009] http://www.latimes.com/business/investing/la-fi-coveroptions15-2009feb15,0,1562717.story
- Suddenly on the Skids [Sunday, December 7, 2008] http://www.latimes.com/business/la-fi-cover7-2008dec07,0,7416907.story
- Newly Poor: Where to Turn [Sunday, December 7, 2008] http://www.latimes.com/business/la-fi-coverbox7-2008dec07,0,2627159.story

Book Resources

Sampling of suggested books available in libraries:

Los Angeles/Ventura Counties Social Service Rainbow Resource Directory

This directory lists organizations and services providing assistance in many areas including:

- Employment Placement/Job Training
- Financial/Budgets/Emergency Funds
- Counseling/Mental Health/Anger Management
- Education-Colleges/Universities
- Consumer & Legal Resources
- Housing/Assistance/Tenant Rights

(361.979403 G5585) *LAPL Call Number*

Busse, Richard ***Fired, laid off or forced out: A complete guide to severance, benefits and y our rights when you're starting over.*** Naperville, IL: Sphinx Pub. 2005. (658.31 B981) *LAPL Call Number*

Richardson, Bradley ***Career Comeback: Eight steps to getting back on your feet when you're fired, laid off, or your business venture has failed--and finding more job satisfaction than ever before.*** New York: Broadway Books. 2004. (658.339 R521-1) *LAPL Call Number*

Additional Resources

For more books, check catalog under the key words or search these call numbers. For assistance, contact the Los Angeles Public Library at (213) 228-7000 or visit www.lapl.org:

Key words and phrases	Los Angeles Public Library Call Numbers
Bankruptcy	347.7
Consumer credit	332.7
Employee fringe benefits	331.25
Employee rights	331.155
Employees--Dismissal of	658.31
Insurance, Unemployment	331.25444
Self employed	658.1141
Temporary employment	331.112 and 658.1141
Unemployed	331.137
Unemployment	331.137

This guide includes information compiled by the Los Angeles Public Library, the Metropolitan Cooperative Library System Reference Center and the Brooklyn Public Library.